CMS BREAKFAST-October 2022

Breakfast Prices: Student-\$0.00; Adult- \$2.70

includes 1 fruit/juice, 1 milk, 1 grainsome "combination foods" count as more than one component.

Monday-	Sausage Biscuit,				
	Cereal Choice, WG Cereal				
	Bar Choice				
	Fruit/Juice Choice				
Tuesday-	WG French Toast Sticks,				
,	Cereal Choice, WG Cereal				
	Bar Choice				
	Fruit/Juice Choice				
Wednesday-	WG Mini Pancake Wraps,				
Weameday	Cereal Choice.				
	WG Cereal Bar Choice				
	Wo dereal Bar offorce				
	Fruit/Juice Choice				
Thursday-	Biscuit & Gravy,				
•	Cereal Choice, WG Cereal				
	Bar Choice				
	Fruit/Juice Choice				
Friday-	WG Banana Bread,				
_	Cereal Choice, WG Cereal				
	Bar Choice				
	Fruit/Juice Choice				

School Nutritional Policy: The USDA Nutritional Policy prohibits parents or others from providing outside food, drinks, or meals for students aside from their own child. Students may not share their own food with others. It also prohibits competition of any food product for sale during the school day. For more detailed information or exceptions, visit www.squaremeals.org or contact TDA (888) GR8-KIDS or healthykids@agr.us.

P: 812.282.8235

E: Vt-lora@clarksvilleschools.org

A: 101 Ettels Lane Clarksville, IN 47129

W. www.clarksvilleschools.org

Ms. Veronica Trejo-Lora, Manager

Ms. Melissa Pixley, Director of Food Services mpixley@clarksvilleschools.org 812.704.5525

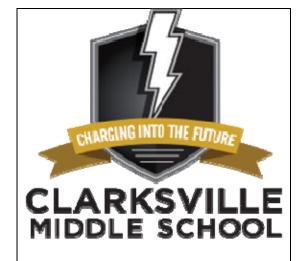
Food Policy: see Student Handbook or www.clarksvilleschools.org for food policies.

Payment Options: Online at www.sendmoneyoschool.com – you will need your student's lunch ID number. Follow website directions. Monitor spending, transfer balance, low-balance email alerts & deposit \$ into account(s) with debit/credit card. There is a \$2.85/\$100 convenience fee to deposit online payments.

<u>Checks-</u>make payable to "Clarksville CSC" & send/bring to the school office. Please include student's name & ID number on the check.

<u>Cash</u>-Cash may be brought to school office for deposit, or students may pay with cash on a daily basis. Please send cash in sealed envelope with student name.

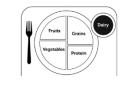
"The USDA is an equal opportunity employer & provider. In accordance with Federal law & USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a a complaint of discrimination, write to USDA, Director, Office of Adjudication, 1400 Independence Ave., SW, Washington, DC 20250-9410 or call toll-free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA though Federal Relay Service at (800) 877-8339; or Spanish (800) 845-6136."



October 2022

Generals Café Menu





GENERALS CAFÉ MENU*-October 2022

Prices: S- \$0 A- \$4.85 Lunch: entrée w/grain, fruit, vegetable, milk. Daily Choices: PB&J, fresh fruits, vegetables, whole-grain breads, milk, deli sub	Ala carte: Milk-\$.50 Baked Chips-\$.60 Drinks-\$.75 Extra Entrée- \$1.70 "The USDA is an equal opportunity employer & provider."	Want to get your engine going? Eat Fruits and Veggies!	*Menu subject to change w/o notice. Note: Please be aware that all schools are experiencing supply shortages in all areas of our cafeteria operations	Some menu items may not be available to us & last-minute substitutions be made to serve all students a complete & nutritious meal
Monday	Tuesday	Wednesday	Thursday	Friday
3 rd Burrito Pepperoni Calzone Seasoned Green Beans Fruit Choices	4 th Chicken Tenders Country Fried Steak Creamy Mashed Potatoes Fruit Choices	5 th <u>Pizza! Pizza!-</u> Cheese or Pepperoni Fresh Mixed Salad Fruit Choices	6 th <u>Tacos-</u> Beef or Pork Refried Beans Fruit Choices	7 th Chicken Nuggets Mozzarella Sticks w/marinara Fresh Baby Carrots w/dip Fruit Choices
10 th <u>FALL BREAK-</u>	11 th HAVE	12 th A GREAT	13 th FALL BREAK	14 th TO ALL!!
17 th Cheese Calzone Popcorn Chicken Bites Mixed Vegetables Fruit Choices	18 th Café Cheeseburger Hot Dog Baked Fries Fruit Choices	19 th Corn Dog Sausage links w/mini pancakes Fresh Mixed Salad Fruit Choices	20 th BBQ Pork Sandwich Grilled Chicken Sandwich Glazed Carrots Fruit Choices	21st French Bread Pizza- Cheese or Pepperoni Baked Beans Fruit Choices
24th Chicken Sandwich- Original or Spicy Mixed Vegetables Fruit Choices 31st Bosco Sticks w/marinara Chicken Tenders Roasted Broccoli Florets Fruit Choices	25 th <u>Nachos-</u> Beef or Chicken Refried Beans Fruit Choices	26 th Pizza!, Pizza!- Cheese or Pepperoni Maple-Glazed Sweet Potatoes Fruit Choices	27 th Spaghetti w/sauce Hot Ham & Cheese Fresh Mixed Salad Fruit Choices	28 th Beef Taco Stick Chicken Nuggets Buttery Corn Niblets Fruit Choices